# Student First Aid

The Student First Aid course will provide learners with the skills and knowledge required to provide first aid treatment confidently and safely. The course is suitable for students aged 11 years and over and fulfils the requirements of the Department for Education in respect of statutory first aid training.



#### **RQF Level 2 Award**

Qualification title:	FAA Level 2 Award in Student First Aid (RQF)	Code:	603/4963/3
Unit title:	Student First Aid Unit 1 code: Y/617/7		Y/617/7344

To ensure the next generation knows what to do in an emergency, the Government is planning to make health education compulsory in all state-funded schools in England from September 2020 and this includes basic first aid training.

The Student First Aid qualification will provide learners with the skills and knowledge required to provide first aid treatment confidently and safely. In addition, the qualification fulfils the requirements of the Department for Education in respect of first aid training.

#### Duration

A minimum of three contact hours in the classroom, consisting of practical and theoretical activities. Ideally, the course should be run over half a day (3 hours), but the syllabus can be divided into 3 x 1-hour sessions, spread over a 12-month period.

#### **Syllabus**

A range of subjects are covered including:-

- What is first aid?
- Primary survey
- Recovery position
- Resuscitation and AED
- Choking
- Common Injuries

#### Certification

The practical assessment is ongoing throughout the duration of the course and the learners will be required to complete a multiple-choice question assessment paper at the end of the programme. A three-year qualification can be offered to all, subject to assessment.

#### **Numbers**

A maximum of 12 students are allowed and must be a minimum of 11 years of age.



The Government has introduced mandatory basic first aid training in all state-funded secondary schools in England. This training is part of Relationships Education, Relationships and Sex Education (RSE) and Health Education.

Department for Education guidance says that pupils should know:

- Basic treatment for common injuries
- · Life-saving skills, including how to administer CPR
- The purpose of defibrillators and when one might be needed

Learning first aid skills such as CPR (cardiopulmonary resuscitation), will give young people the confidence to know that they can help someone and potentially save a life. The aim is that all pupils in England will have been taught the basic first aid skills by the time they leave secondary school.

In countries that already teach CPR in schools, cardiac arrest survival rates are more than double those of the UK.

First Aid Awards (FAA) have developed the FAA Level 2 Award in Student First Aid (RQF) to meet this requirement with the qualification being available to pupils from the age of 11. The qualification covers CPR and the safe use of an AED (Automated External Defibrillator), choking and common injuries such as head injuries, bleeding control, broken bones and sprains/strains.





## QUALIFICATION SPECIFICATION

## **Qualification structure**

This qualification is regulated in the UK and awarded by First Aid Awards. FAA are an Awarding Organisation regulated by Ofqual and the qualification sits on the Regulated Qualifications Framework (RQF).

The qualification is delivered, assessed and quality assured in accordance with the <u>Assessment Principles for Regulated First Aid Qualifications</u> and the protocols set by the latest Resuscitation Council Guidelines.

The qualification consists of one mandatory unit:

FAA LEVEL 2 AWARD IN STUDENT FIRST AID (RQF)							
QAN	Unit title	URN	Level	GLH	TQT		
603/4963/3	Student First Aid	Y/617/7344	2	3	5		
QAN - Qualification Accreditation Number	URN - Unit Reference Number	GLH - Guided Learning Hours TQT - To	TQT - Total Qualification Time				

## **Entry requirements**

The qualification is available to learners aged 11 or over.

Due to the practical nature of the first aid assessment there are physical demands. A learner must be able to demonstrate their skills as in a real-life situation, for example getting to the floor unaided and demonstrating CPR on a manikin at floor level.

It may be possible to allocate a reasonable adjustment to a learner who has a disability, medical condition or learning need; learners should contact their training provider to discuss. Any reasonable adjustments granted must be in line with the FAA Reasonable Adjustments Policy.

## **Qualification delivery**

The qualification has 3 assigned guided learning hours (GLH) and 5 hours total qualification time (TQT). GLH indicates the number of classroom contact hours that the learner will undertake. TQT includes GLH but also considers any unsupervised learning and is an estimate of how long the average learner will take to complete the qualification. The minimum classroom contact time of three hours can be delivered in one day or spread over a maximum of 12 months, ensuring that each session is a minimum of one hour.

Due to the nature of the delivery of this qualification, Trainer/Assessors are able to deliver this qualification to a maximum class size of 35 but FAA strongly recommend additional teaching support in the ratio of 12 learners to 1 Trainer. Teaching assistants can be utilised to meet this requirement.

#### Certification and requalification

The qualification is valid for three years from the date of achievement. The learner will need to complete the full course again to requalify for a further three years. It is recommended that the learner attends annual refresher training.

#### **Progression**

Depending on their age, learners who achieve this qualification may progress on to the FAA Award in Emergency First Aid, the FAA Award in First Aid at Work or other related qualifications within first aid.





## Learning outcomes and assessment criteria

A regulated qualification has set learning outcomes and assessment criteria. The learning outcomes describe the skills and knowledge a learner will gain by successfully completing the qualification. The assessment criteria state the skills, knowledge and competence a learner will be required to demonstrate during the course assessment.

ST	STUDENT FIRST AID					
LEARNING OUTCOMES The learner will:		ASSESSMENT CRITERIA The learner can:				
1.	Be able to assess an incident	1.1 Conduct a primary survey of a casualty				
2.	Be able to provide first aid to an unresponsive casualty	<ul> <li>2.1 Identify when to administer cardiopulmonary resuscitation (CPR)</li> <li>2.2 Demonstrate CPR using a manikin including the safe use of an AED</li> <li>2.3 Demonstrate how to place a casualty into the recovery position</li> </ul>				
3.	Be able to provide first aid to a casualty who is choking	<ul> <li>3.1 Identify when choking is:</li> <li>mild</li> <li>severe</li> <li>3.2 Demonstrate how to administer first aid to a casualty who is choking</li> </ul>				
4.	Be able to provide first aid to a casualty with common injuries	<ul> <li>4.1 Recognise and identify how to administer first aid for a suspected head injury</li> <li>4.2 Identify how to administer first aid to a casualty with: <ul> <li>Small cuts and grazes</li> <li>Bruises</li> <li>Nose bleeds</li> <li>Minor burns and scalds</li> </ul> </li> <li>4.3 Recognise and identify how to administer first aid for: <ul> <li>Fractures and dislocations</li> <li>Sprains and strains</li> </ul> </li> </ul>				

#### ASSESSMENT INFORMATION

The qualification is assessed through practical demonstration and written assessment.

A learner must successfully pass both the written and practical assessments to achieve the qualification. There is no grading of the assessment; learners pass or are referred.

## **Practical assessment**

Scenarios will be set to enable a learner to demonstrate their knowledge and practical skills. During the practical assessment the learner will be asked a related oral question by the Trainer/Assessor.

The practical assessment is ongoing throughout the course, but the Trainer/Assessor will make learners aware of when they are being assessed. A learner must satisfactorily complete each scenario to successfully pass the practical assessment.

## Written assessment

